


RHINOPLAST

CEM ALTINDAG



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The background of the entire image is a soft gradient transitioning from a light pink at the top to a warm orange at the bottom. Scattered throughout this gradient are numerous white butterflies of various sizes and orientations, some appearing to be in flight. The butterflies are most concentrated in the upper half of the image, with a few smaller ones near the bottom.

Beauty is everywhere
a welcome guest.

1749-1832 / J. Wolfgang Von Goethe



The author, who defines for beauty that has been going on since the creation of human, reveals our irresistible desire to see our human (spiritual and at heart) beauties together with reflection of our face when we look at the mirror. The search for "priority in aesthetics" felt in every field is indispensable for modern life today.

The structure of the nose, which is the most remarkable organ of our face that determines our character, can adversely affect our psychology and quality of life. Thanks to 'Nose Aesthetic Surgery (Rhinoplasty)' it is possible to reshape the nose by changing the sizes, angles, folds and ratios of the nose to achieve a healthy, natural and aesthetic appearance that is cared about for the modern world.

In order to obtain successful results in the nose aesthetics, which is the most sensitive and complicated aesthetic surgery, advanced surgical experience together with aesthetic understanding and perception is essential. With improvement of education, new developments in general anesthesia and an increase in the amount of emphasis given to the external appearance of individuals, it is the most performed aesthetic operation. Considering your expectation after surgery, creating a natural, dynamic nose appearance compatible with your face and to normal daily life activities in a short time should be the main target.

**Cem Altındağ, M.D., (Consultant Surgeon)
Rhinoplasty (Aesthetic&Functionel Nose Surgery) Specialist**



Health and Aesthetics

Our nose is a complex organ that fulfills functions such as humidifying air, breathing, heating and smelling, and it has structural variety for everybody. Due to congenital causes or acquired trauma and etc., the inner-outer structure of the nose may be affected very significantly and negatively.

Deviations in nasal cartilage and bone structure, sinus-soft tissue problems, allergies lead to nasal obstruction. In addition, depression on the external shape, nasal tip ptosis and deviation can lead to severe nasal obstruction. In most patients, dysfunction (such as not to breathe comfortably) is accompanied with appearance defect and treatment is planned accordingly. hump-depression-deviation at the bridge of the nose, asymmetry at the tip of the nose, asymmetry on the nostrils, elevation or depression at the nose radix, very wide or small nose, short-long nose, extremely tip tilted nose etc. can be the concerns for patients.

The quality of life will be affected with decrease in self-esteem of those who are not pleased with their nose shape, serious nasal shape problems and/or nose that is incompatible with the face. Due to these concerns that negatively affect their social lives, they occur in unhappy, upset mood (nasal function can also deteriorate).

Patients think about surgery point out that, they desire a nasal aesthetic surgery which will make them happier, more dynamic, and younger.

Aesthetical correction of nasal appearance and breathing problems and for a new face look; If there is no general health problem, an aesthetic nose surgery in the increased ages (over 50 years) can be performed as well, it is an important surgical procedure that is advantageous from aesthetic and functional aspects.





First Step

The majority of my patients are between the ages of 18 and 42, but there are also younger and older patients with serious nasal problems who had performed surgery.

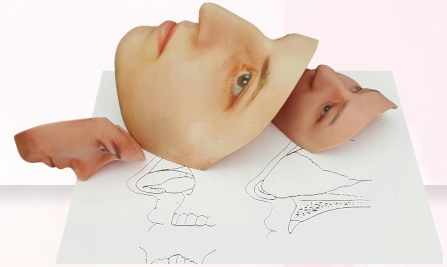
I can say that a person who is physically and mentally healthy, consistent in the inner world, positive, who is not in depressive mood, and who does not have problematic family relationship, who has realistic expectations would be suitable candidate for rhinoplasty surgery.

After a detailed nose&face examination of a patient who consults to me for nose problem, I personally conduct pre-assessment of information about general health condition and medical history. Then, the picture-video images are taken from each angle of the face. At the final assessment, the selection of the pictures suitable for computer analysis is made. The 'new' nose that is aimed and intended after surgery is revealed after analysis (two and/or three dimensional computer analysis /Mask technology also can be used).

As an experienced surgeon who exclusively have worked on nasal aesthetic surgery more than twenty-five years, please be sure that I will be at your service with all my skill, knowledge and experience, so that you have a good looking, satisfactory, healthy nose suitable with your face that is natural and will make you happy.

I tell every detailed explanation to my patients who will make their right decision regarding "why they should or should not have rhinoplasty".





2 D / 3 D Solutions

The nose and face ratios can be measured and assessed by a more realistic approach provided by modeling nasal analysis by two or three dimensional (2D /3D) comp. analysis and 3D 'mask' technology for certain patients. The prevention of misunderstandings about the targeted 'nose' view is provided, and it is also delineated clearly whether the expectations are realistic or not. In addition, it is easy to observe how the nose-face structures are affected by correcting the main problem, to assess the surgical touches that may be needed for different nasal regions with patients, and what can be done if the desired change is incompatible with other regions in two-three dimensional planes. Thanks to 3D printer technology, creating masks for the present or aimed 'new' nose and face before surgery and /or following analysis facilitates communication. It is possible to give detailed answers to questions and make assessments on the mask. Masks can also be used in some patients during surgery. Using the previous view of the nose shape with the mask will gain to recognise it from all angles. Also, the new analyzed and targeted new nose mask will help to carry out a controlled as well as advanced surgical experience.



International Service

Germany, England, Netherlands, USA, Russia, France, Israel, Azerbaijan, Iraq, Qatar, Kuwait, Jordan, Bulgaria, Greece and so on. Many of our patients from the above mentioned countries have been pleased with their treatment and the service offered to them, and they safely advise us in the countries sthey live in.

The combination of current / modern, safe technologies with advanced surgical experience and a careful medical/surgical approach is one of the reasons for our patients' preference. The second reason is that we inform our patients in detail about whether they should or should not have nasal aesthetic surgery.

We wish you to have a high-quality health care service and a safe return to your homeland from Istanbul, which is magnificent city hosts various cultures.

You can make online consultation with Dr. Altindag on the Internet if you prefer. Such a preliminary consultation would have many advantages.

We can help you with other subjects regarding accommodation, nursing service, airport transfer with different options.

Our office (RHINOPLAST) is at Nisantasi district of Istanbul. After your rest and examination following surgery, you will have time to visit Istanbul's historical atmosphere and some shopping. Our coordinator may also be able to assist you for a city tour or etc.

You can contact our patient coordinator or my office assistant for a free consultation, other information.

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Successful Steps



Cem Altındağ, who was born in Bolu (1965), completed the successful education process and graduated from Istanbul University-Istanbul Faculty of Medicine in 1989. Having completed his specialist training in ENT-Head and Neck Surgery in 1994 in Beyoğlu Educational&Research Hospital, Dr. C. Altındağ took his first steps in his professional life and served in Manisa, Tekirdag and finally in İstinye State Hospital. He has been a guest physician in nasal aesthetics and surgery specialty in hospitals in London (2001, 2002) and has attended many seminars and conferences on aesthetic and functional nose surgery.

As one of the most experienced nasal aesthetic surgeons who has been working for more than twenty-five years on nasal aesthetics only and functional surgery of interest, Dr. Altındağ has accomplished with high number of successful nose aesthetic and functional surgeries (primary or revision rhinoplasties).

He continues to work in partnership with educational hospitals, university and medical companies for the development of surgical materials used in operations and for clinical research.

Doctor Altındağ, who has a special interest in sports (bicycle, basketball) and art history, is married and has a daughter. He has continued to work successfully in his profession with his two books and articles. He has memberships in professional associations and T.E.D., H.S.S.K memberships.

Courses and training periods he participated for nasal aesthetics and functional surgery (abroad):

1991 Pittsburgh (PA)-USA, 1997 Graz-Austria, 1997 Ann Arbor (MI) USA, 1998 Berlin-Germany, 1999 London-England, 2000 Porto-Portugal, 2001-2002 London-UK (Royal National ENT Hospital, St.Thomas Hospital, U.C. of London, Lewisham University Hospital), 2009 Amsterdam-Holland, 2013 Imola-Italy, 2014 Munich-Germany, 2016 Paris-France. He has been working in Istanbul since 1999. His new office is in Nisantasi, Istanbul (RHINOPLAST-The Nose Clinic) +90 (0) 212 270 21 22) since May 2017 .



Perfect result...

Keep faith to Hippocrates Oath,

To dedicate my skill, experience and knowledge to my patients which I have had in the subject of aesthetic nasal surgery for more than twenty-five years,

Doing my best with aesthetic perception and experience for a meticulous surgery; to achieve a perfect result for every patient who was evaluated in detail as much as paying attention to the aimed new nose with further two-three dimensional computerized analysis,

In addition to successful results, maintaining comfortable conditions during pre-operative period and later,

To hesitate irreversible surgical approaches without exceeding aesthetic limits (Patient's health should be her/his priority),

To follow-up all patients after this 'delicate' aesthetic surgery, due to my professional responsibilities,

Providing gratitude and enhance life quality as self-confidence of my patients are gained with a new and natural looking nose.



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